

Many of us think we don't have a 'maths brain' or are even afraid of maths. But evidence shows that everyone can improve their numeracy with a positive mindset, a bit of effort and lots of support - which is where Skills & Learning comes in...

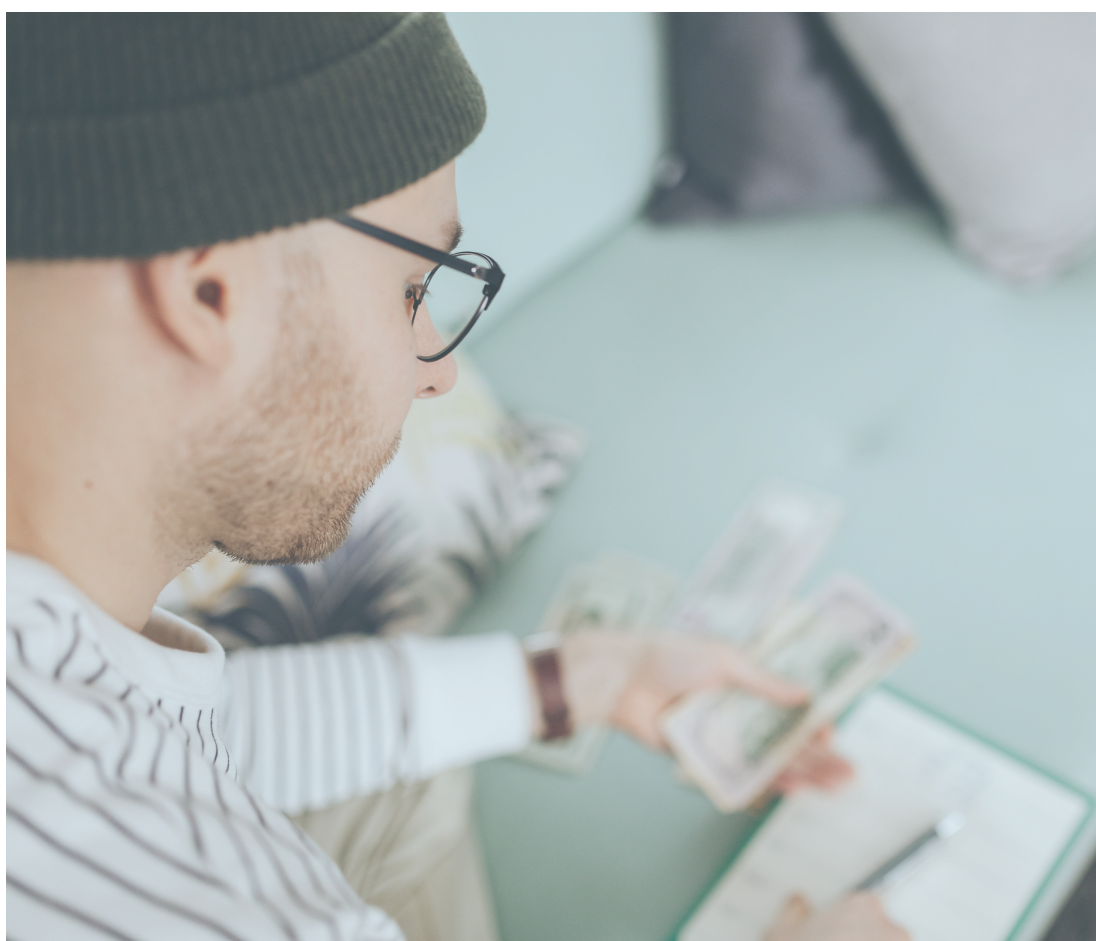
Make Today Count!

Get Number Confident

Build your confidence and basic numeracy skills with this FREE short course. No exams, no wrong answers, just plenty of practical tips and interactive activities to boost your number skills.

Example topics:

- Overcoming maths anxiety
- Time and travel
- Weighing and measuring
- Numbers in the home
- Numbers in the news



Get Money Confident

Understand your spending habits, learn top tips for household budgeting and take control of your money using basic numeracy skills with this FREE short course.

Example topics:

- Shopping and cooking on a budget
- Doing a budget plan and sticking to it
- Energy bills explained
- Managing credit and savings
- Understanding your payslip

Get Ready for Functional Skills

Want to brush up your knowledge before starting a functional skills maths course? This course will go over the basics and boost your confidence to prepare you for the next step.

Example topics:

- Understanding functional skills qualifications
- Jargon-busting - demystifying maths terms
- Essential maths skills
- Exam tips
- Learning support at Skills & Learning



Sign up today

Visit our website today to find online and in-person courses near you and enrol today!

skillsandlearningace.com/multiply

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SCAN ME

**SKILLS &
LEARNING**

Adult Community Education



All our Multiply numeracy courses are available in person or online and are friendly and supportive with no exams. Your tutors will work closely with you to find out exactly what you need and build your knowledge and skills at a pace that suits you...

Make Today Count!

Get Maths Confident for Work

This FREE course will help improve your numeracy skills in the workplace, enhancing employability skills and building your confidence to succeed and progress at work.

Example topics:

- Understanding data
- Percentages
- Estimating
- Weights and measurements
- Basic Excel formulas



Get Maths Confident for Business

Thinking of going self-employed? Need to improve your business finance skills and confidence? Give yourself a great start with this short course.

Example topics:

- Jargon-busting - demystifying financial terms
- Understanding profit and loss
- Getting to grips with cash flow
- Dos and don'ts of creating a business plan
- Next steps to build your know-how



Community Learning Multiply Courses

We run Multiply number and money confidence courses tailored to the needs of specific groups:

- adults with learning difficulties and/or disabilities
- speakers of English as an additional language including refugees and asylum-seekers.

Contact us to find out more.

Sign up today

Visit our website today to find online and in-person courses near you and enrol today!



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